



Trenton Area Soup Kitchen (TASK)  
72 ½ Escher Street, Trenton, NJ 08609  
Mailing Address: PO Box 872, Trenton, NJ 08605  
Phone: (609) 695-5456 • Fax: (609) 695-1225  
www.trentonsoupkitchen.org

## **Help From Home: TASK's Wish List & Service Projects**

Teamwork makes the dream work! TASK knows that not everyone can volunteer on-site, but there are still plenty of ways to help!

In addition to a [financial donation](#), volunteers of all ages can make a big difference right from your house, school, office, or place of worship:

- **Make Meal Bags** – TASK gives out more than 5,000 meal bags each year to provide for times when TASK is not open. All items should be in lunch-size paper bags.
  - **PB&J Bags** – Includes a peanut butter & jelly sandwich (bread of your choice, with peanut butter on both sides of the bread), a fruit cup, a granola bar, a bottle of water or juice box, a plastic spoon and a napkin.
  - **Weekend Meal Bags** – Includes an individual can of single-serve spaghetti or ravioli in sauce, a fruit cup, a granola bar, a water bottle or juice box, a napkin and a plastic spoon and fork.
  - **Snack Bags** – Includes a 2 oz. bag of chips or pretzels, a granola bar, a water bottle or juice box, and a napkin.
- **Make Hygiene Kits** –
  - **Adult Hygiene Kits:** Fill a gallon-sized Ziploc bag with a full-size shampoo or body wash, bar of soap, toothbrush, toothpaste, deodorant, and a razor.
  - **Youth Hygiene Kits:** Fill a gallon-sized Ziploc bag with a full-size children's shampoo, children's toothpaste and toothbrush and one bar of children's soap or body wash (preferably something designed for children or sensitive skin, like Dove products).
- **Donate and Wrap Utensils** – Wrap a plastic knife and fork in a napkin and secure it with a twist tie. The part of the utensils that go into the mouth must be covered with the napkin. These items are distributed with our to-go meals and meal bags.



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- **Make Feminine Hygiene Bags** – In a brown paper bag, place 10 tampons, 10 panty liners and 10 full size pads.
- **Donate Cold Care Kits** – In a small Ziploc bag, place two pills of ibuprofen or acetaminophen (wrapped in a tissue and secured with transparent tape), 5 to 10 cough drops and a travel-sized tissue pack.
- **Organize a Donation Drive or Fundraiser** – Work together to make a difference in our community! You can host a Facebook fundraiser, collect financial donations, host a charity event or organize a donation drive to raise money or collect needed items to benefit TASK patrons. Please see TASK's Wish List for things we need. For more information, contact (609) 695-5456 x117 or [fundraising@trentonsoupkitchen.org](mailto:fundraising@trentonsoupkitchen.org).

### **Donation Delivery Instructions:**

Donations are accepted Mondays through Thursdays between 8:30am – 4:30pm and Fridays between 8:30am – 1:00pm.

If you will be donating more than 200 items, would like to schedule a tour or have any questions, please contact our Volunteer Coordinator at (609) 695-5456 x114 or [volunteer@trentonsoupkitchen.org](mailto:volunteer@trentonsoupkitchen.org). Otherwise, no appointment is needed.

Our receiving area is located behind the double doors at the back of the building near the end of the driveway that TASK shares with the animal shelter next door. If the doors are closed, please ring the bell or knock and someone will be happy to assist you.

Please do not send any items to TASK via mail. We cannot guarantee receipt.

Thank you for your generosity!